



DANCE:

TYPE:

DIFFICULTY:

CHOREOGRAPHED BY:

MUSIC:

ARTIST:

BPM:

## Hold Me In Your Arms

32 Counts, 2 - Wall Linedance

Beginner

Marie Sørensen

Hold Me In Your Arms (And Let Me Fall)

Brad Paisley

126

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### BEATS

### STEP DIRECTIONS

Intro: 32 counts

#### **SHUFFLE FORWARD RIGHT, LEFT ROCK FORWARD, SHUFFLE BACK LEFT, BACK ROCK RIGHT**

1&2 Chassé forward right, left, right  
3-4 Rock left forward, recover to right  
5&6 Chassé back left, right, left  
7-8 Rock right back, recover to left

#### **SHUFFLE FORWARD RIGHT, ½ STEP TURN LEFT, SHUFFLE FORWARD LEFT, WALK FORWARD RIGHT, LEFT**

1&2 Chassé forward right, left, right  
3-4 Step left forward, turn ½ right (weight to right)  
5&6 Chassé forward left, right, left  
7-8 Step right forward, step left forward

#### **ROCK FORWARD RIGHT, COASTER STEP, ROCK FORWARD LEFT, COASTER STEP**

1-2 Rock right forward, recover to left  
3&4 Right coaster step  
5-6 Rock left forward, recover to right  
7&8 Left coaster step

#### **SIDE ROCK RIGHT, BEHIND SIDE CROSS, SIDE ROCK LEFT, BEHIND SIDE CROSS**

1-2 Rock right to side, recover to left  
3&4 Cross right behind left, step left to side, cross right over left  
5-6 Rock left to side, recover to right  
7&8 Cross left behind right, step right to side, cross left over right

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**Start again.**