



DANCE:

To Hell and Back

TYPE:

2 - Wall Line - Dance

POSITION:

Solo in lines all facing same direction

DIFFICULTY:

Beginner

CHOREO BY:

Rob Fowler & Kate Sala

MUSIC:

If you're going through Hell

ARTIST:

Rodney Atkins

BPM:

116

BEATS

STEP DIRECTIONS

Right side rock, cross shuffle, side ¼ turn right, cross shuffle
1-2 Rock right to right side, recover weight onto left
3&4 Step right across left, step left to side, step right across left
5-6 Step left to left side, make a ¼ turn right stepping right to right side
7&8 Step left across right, step right to side, step left across right

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Touch R side, touch L heel forward, R kick & coaster, step forward, touch step back
1&2 Touch right to right side, step right foot next to left, touch left heel forward
&3-4 Bring left foot back next to right, kick right foot forward
5&4 Right coaster
7&8 Step forward on left, touch right toe next to left, step back on right

L shuffle back, R coaster step, walk clap walk clap, L side rock cross
1&2 Step back left, step right next to left, step back on left
3&4 Step back on right, step left next to right, step forward on right
5&6& Step forward left, clap, step forward right clap
7&8 Rock left to left side, recover, cross left over right

Start again.