



DANCE:

Strong along Cha Cha

TYPE:

4 - Wall Line - Dance

POSITION:

Solo in lines all facing same direction

DIFFICULTY:

Beginner

CHOREO BY:

Jo Thompson

MUSIC:

I'm gonna miss you

ARTIST:

Michael Martin Murphy

BPM:

101

MUSIC:

I just want to dance with you

ARTIST:

George Strait

BPM:

114

BEATS

STEP DIRECTIONS

Rock across, recover, cha cha L, rock across, recover, cha cha R
1,2 Rock L foot across in front of R, replace weight back to R foot
3&4 Feet side by side, step in place L, R, L
5,6 Rock R foot across in front of L, replace weight back to L foot
7&8 Feet side by side, step in place R, L, R

Weave 4, rock, recover, cha cha L
1,2 Step L foot across in front of R, step R to R side
3,4 Step L foot behind R, step R to R side
5,6 Rock L foot across in front of R, replace weight back to R foot
7&8 Feet side by side, step in place L, R, L

Weave 4, rock, recover, cha cha R
1,2 Step R foot across in front of L, step L to L side
3,4 Step R foot behind L, step L to L side
5,6 Rock R foot across in front of L, replace weight back to L foot
7&8 Feet side by side, step in place R & L, R

Step, ½ turn, cha cha cha, step, ¼ turn, cha cha cha
1,2 Step forward with L, turn ½ R shifting weight forward to R foot
3&4 Feet side by side, step in place L & R, L
5,6 Step forward with R foot, turn ¼ L shifting weight to L foot
7&8 Feet side by side, step in place R & L, R

Start again

As a Partner Dance in Sweetheart/side by side position:

On the ½ turn R, keep both Hands joined. After that, the Man does the ¼ L turn realising L Hands so the Lady can turn 1 ¼ L under the R Hands on count 5 – 8.

Rejoin in Sweetheart/side by side position to start again.