



DANCE:

Bosa Nova

TYPE:

4 - Wall Line – Dance, Rumba

POSITION:

Solo in lines all facing same direction

DIFFICULTY:

Beginner

CHOREO BY:

Phil Dennington

MUSIC:

Blame it on the Bossa Nova

ARTIST:

Jane McDonald

BPM:

164

Or another Rumba Rhythm Song

Start 16 counts (7 seconds into Track)

<u>BEATS</u>	<u>STEP DIRECTIONS</u>		
	Side together side touch, side together side kick		Left forward lock step, hold, right forward lock step, hold
1,2	Step left to left, step right beside left	1,2	Step forward left, lock right behind left
3,4	Step left to left, touch right beside left	3,4	Step forward left, hold
5,6	Step right to right, step left beside right	5,6	Step forward right, lock left behind right
7,8	Step right to right, kick left out to left (diagonally)	7,8	Step forward right, hold
	Side cross side kick, behind side cross, hold		Forward mambo, hold, back coaster step, hold
1,2	Step down on left, cross step right over left	1,2	Rock forward left, recover in place right
3,4	Step left to left, kick right out to right (diagonally)	3,4	Step left beside right, hold
5,6	Cross step right behind left, step left to left	5,6	Step back right, step left beside right
7,8	Cross step right over left, hold	7,8	Step forward right, hold
	Mambo box		Step turn step, hold, full turn left, hold
1,2	Step left to left, step right beside left	1,2	Step forward left, turn ½ right (weight to right)
3,4	Step forward left, hold	3,4	Step forward left, hold
5,6	Step right to right, step left beside right	5,6	Turning ½ left step back right, turning ½ left step forward left
7,8	Step back right, hold	7,8	Step forward right, hold
	Side together side, hold, sailor step, hold		Walk, hold x3, stomp, hold
1,2	Step left to left, step right beside left	1,2	Walk forward left, hold
3,4	Step left to left, hold	3,4	Walk forward right, hold
5,6	Turning ¼ right step back right, step in place left	5,6	Walk forward left, hold
7,8	Step forward right, hold	7,8	Stomp right beside left (taking weight), hold

Start again.